




















































































































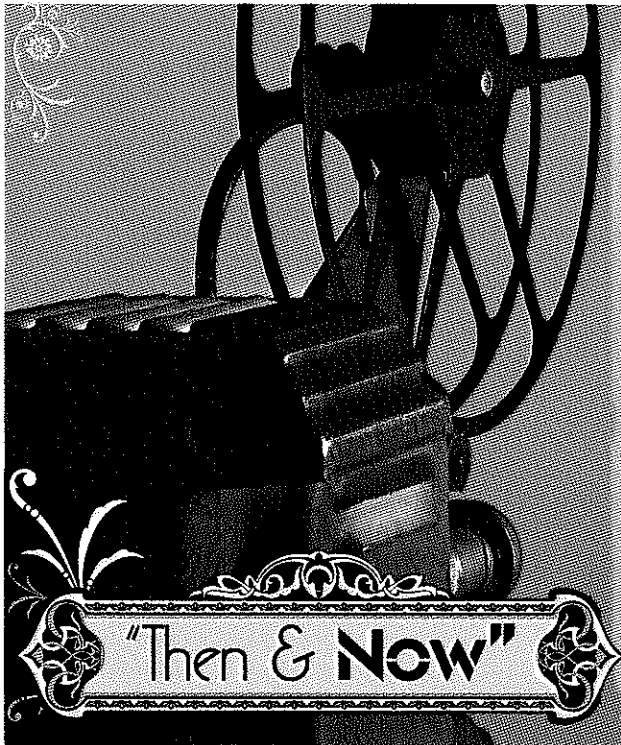


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 7:00  Continental Breakfast 2:00  Cards 5:30  Dinner
2 12:30  Sunday Brunch 7:00  Bible Study	3 7:30  Continental Breakfast 9:30  Exercise 2:00  Bingo 5:30  Dinner	4 7:30  Continental Breakfast 9:30  Exercise 12:30 Grocery Store 2:00  Cards 5:30  Dinner	5 7:30  Continental Breakfast 8:30  Hot Breakfast 9:30  Exercise 12:00 Field Trip  5:30  Dinner	6 7:30  Continental Breakfast 9:30  Exercise 10:30  Coffee and Crosswords 2:00  Sign Language 5:30  Dinner	7 7:30  Continental Breakfast 9:30  Exercise, Walking 1:00  Trivia and Social Hour 5:30  Dinner	8 7:00  Continental Breakfast 2:00  Cards 5:30  Dinner
9 12:30  Sunday Brunch 7:00  Bible Study	10 7:30  Continental Breakfast 9:30  Exercise 2:00  Bingo 5:30  Dinner	11 7:30  Continental Breakfast 9:30  Exercise 12:30 Grocery Store 2:00  Cards 5:30  Dinner	12 7:30  Continental Breakfast 8:30  Hot Breakfast 9:30  Exercise 11:00 Field Trip-Hobby Lobby  5:30  Dinner	13 7:30  Continental Breakfast 9:30  Exercise 10:30  Coffee and Crosswords 2:00  Sign Language 5:30  Dinner	14 7:30  Continental Breakfast 9:30  Exercise, Walking 1:00  Trivia and Social Hour 5:30  Dinner	15 7:00  Continental Breakfast 2:00  Cards 5:30  Dinner
16 12:30  Sunday Brunch 7:00  Bible Study	17 7:30  Continental Breakfast 9:30  Exercise 2:00  Bingo 5:30  Dinner	18 7:30  Continental Breakfast 9:30  Exercise 12:30 Grocery Store 2:00  Cards 5:30  Dinner	19 7:30  Continental Breakfast 8:30  Hot Breakfast 9:30  Exercise 12:00 Field Trip  5:30  Dinner	20 7:30  Continental Breakfast 9:30  Exercise 10:30  Coffee and Crosswords 2:00  Sign Language 5:30  Dinner	21 7:30  Continental Breakfast 9:30  Exercise, Walking 1:00  Trivia and Social Hour 5:30  Dinner	22 7:00  Continental Breakfast 2:00  Cards 5:30  Dinner
23 12:30  Sunday Brunch 7:00  Bible Study	24 7:30  Continental Breakfast 9:30  Exercise 2:00  Bingo 5:30  Dinner	25 7:30  Continental Breakfast 9:30  Exercise 12:30 Grocery Store 2:00  Cards 5:30  Dinner	26 7:30  Continental Breakfast 8:30  Hot Breakfast 9:30  Exercise 12:00 Field Trip  5:30  Dinner	27 7:30  Continental Breakfast 9:30  Exercise 10:30  Coffee and Crosswords 2:00  Sign Language 5:30  Dinner	28 7:30  Continental Breakfast 9:30  Exercise, Walking 1:00  Trivia and Social Hour 5:30  Dinner	29 7:00  Continental Breakfast 2:00  Cards 5:30  Dinner
30 12:30  Sunday Brunch 7:00  Bible Study	31 7:30  Continental Breakfast 9:30  Exercise 2:00  Bingo 5:30  Dinner					



‘Speech, Speech!’

Many powerful words have been spoken throughout history, and they continue to inspire future generations. Give a round of applause to some of the most iconic addresses of all time:

Year	Speech	Speaker
1588	“Speech to the Troops at Tilbury”	Elizabeth I
1775	“Give Me Liberty or Give Me Death!”	Patrick Henry
1851	“Ain’t I a Woman?”	Sojourner Truth
1863	“The Gettysburg Address”	Abraham Lincoln
1877	“Surrender Speech”	Chief Joseph
1939	“Farewell to Baseball Address”	Lou Gehrig
1940	“Their Finest Hour”	Winston Churchill
1961	“Inaugural Address”	John F. Kennedy
1963	“I Have a Dream”	Martin Luther King Jr.
1987	“Remarks at the Brandenburg Gate”	Ronald Reagan
1993	“On the Pulse of Morning”	Maya Angelou

“This Month In History” JANUARY

1906: The sport of football is forever changed when a new game rule makes the forward pass a legal play.

1912: New Mexico joins the union as the 47th state.

1924: The first Winter Olympics are held in Chamonix, France.

1943: Franklin D. Roosevelt becomes the first U.S. president to travel by airplane while in office. He flew to Morocco to meet with

British Prime Minister Winston Churchill.

1955: Singer Marian Anderson takes the stage at the Metropolitan Opera in New York City. She was the first African American to perform a leading role with the company.

1968: Country music star Johnny Cash records a live album by playing two concerts at California’s Folsom State Prison.

1972: U.S. President Richard M. Nixon orders the development of a “new type of space transportation system,” the space shuttle program.

1986: The first national Martin Luther King Jr. holiday is observed.

1994: A magnitude 6.7 earthquake strikes the San Fernando Valley region of Los Angeles.

2000: Celebrations worldwide mark the turn of the new millennium.

2011: Wikipedia, a popular internet encyclopedia, celebrates its 10th anniversary.

2015: At age 17, Lydia Ko of New Zealand becomes the youngest golfer in history to be ranked No. 1 in the world.



THE TERRACES AT LAKEWOOD

SENIOR LIVING CATERED INDEPENDENT LIVING

3711 Clark Road • Boiling Springs, SC 29316

Terraces Staff

Kayla Howard	Executive Director
Laura Spencer	Life Enrichment Director
Johnny Lamb	Reg. Maintenance Director
Bruce Norville	Maintenance Technician
Karen Schafer	Director of Housekeeping
Mary	Housekeeping
Wanda Scruggs	Food Service Director
Kim	Dietary Aide
Thomas	Dietary Aide
Christy Jackson	Concierge
Kimberly Clark	Concierge
Sharon Gregory	Concierge

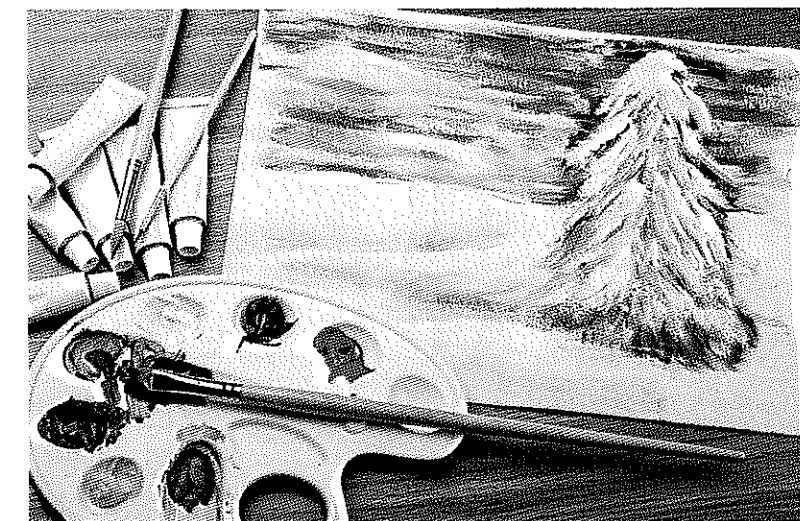
Upcoming Events

January 1	New Year’s Day
January 3	Birthday-Charlie Siegmann
January 4	Birthday-Patricia Polikowsky
January 14	Birthday-Bobbie Brotherton
January 17	Martin Luther King Jr. Day
January 22	Birthday-Betty Smith
January 30	Birthday-Gil Bartell

Popcorn Pick: ‘High Society’

If you thought the only thing missing from the 1940 classic “The Philadelphia Story” was a jazzy soundtrack and musical numbers sung by its stars, then tune in to “High Society.” Starring Bing Crosby, Frank Sinatra and Grace Kelly in her last role before retiring from acting to marry the Prince of Monaco, the 1956 film also features Louis Armstrong and his band as themselves. Kelly plays a socialite who, days before her wedding, finds herself torn between three love interests as two tabloid reporters watch the drama—and comedy—unfold.

January 2022



Artful Inspiration

Pick up a pencil or paintbrush, visit a virtual gallery, listen to a symphony or explore another branch of creativity on Jan. 31, Inspire Your Heart With Art Day.

Day of Service

Martin Luther King Jr. once proposed, “Life’s most persistent and urgent question is: ‘What are you doing for others?’” Honor King’s legacy by volunteering on the annual holiday and national day of service.

Logical Lunges for Your Brain

Happy World Logic Day on Jan. 14! Teasers and puzzles such as riddles, sudoku, word problems and rebus clues are all fun ways to challenge the brain. Because these types of puzzles involve creative problem-solving techniques that are different than everyday thoughts, solving them is like taking your brain to the gym, ensuring that your mental muscles are stretched.